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| **PROJECT –**  **[[1]](#footnote-1)Royal Voluntary Service (RVS)**  **30 Kinnoull Causeway,**  **Perth**  **PH2 8HQ** | | | | | | | | | **Year 2024/25** |
|  |  |  | |  | |  |  |  |  |
| **Situation/Need** | **Inputs – Delete/Add as appropriate** | **Outputs**  **/Activities** |  | **Short Term Outcomes/ Quality of life Outcomes** | | **Service / Access Outcomes** |  | **P&K Health and Social Care Partnership’s strategic priorities / approaches** | **Perth and Kinross Community Planning Partnership Community Plan 2017-2027** |
| Promote independence and wellbeing for Older and vulnerable People  Reducing social exclusion amongst older and vulnerable people | * **Statutory Agencies/ Referrers** * Perth and Kinross Health & Social Care Partnership * Social work departments * Primary Care and Health * Enhanced Carers * Local Authorities / placing organisations * Third Sector Organisations * Community Alarm * CAT * **RVS** * Management Committee * Staff * Volunteers * Resources * **Funding** * PKC * External Funding * Fundraising | Participants | Activity | Time limited (12 weeks) support plan based on building confidence and reducing isolation that encourages better nutrition, hydration and exercise as well as actively signposting clients to other social events within the local community  Providing transport home from the PRI on patient discharge, ensuring each patient is home safely and also ensuring their home environment is safe  Facilitate bi-weekly social club and weekly lunch clubs providing older and vulnerable people with opportunities to socialise and improve their health and emotional well-being. Include activities to increase social contact and stimulate brain function. Encourage client and volunteer involvement in RVS Virtual Village Hall events  Group based strength and balance classes in some local communities  To also deliver an array of monthly activities in up to 12 sheltered housing complexes throughout P&K. This is self-funding from a private donation for 3 years and not considered part of the SLA. Funding currently supported until 31 March 2025 and not beyond  To provide a comprehensive annual report to HSCP in accordance with HSCP templated format  To provide quarterly statistical information to HSCP of RVS staff and also clients and volunteers by locality  To provide a written report to the HSCP Contracts and Commissioning officer every 2 months consisting of client waiting lists by locality and general issues and updates regarding SLA delivery | | Delivery of a partnership approach with clients and representatives of statutory and other appropriate agencies  Decrease social isolation  Build Individual resilience  Increase physical function  Support nutritional needs  To get patients home more quickly reduce anxiety and reduce delays and potential bed blocking in hospital  Services provided by a friendly and technically competent team of staff and volunteers to reduce isolation  Delivery of chair-based exercises to increase social interaction and mobility  To enhance the social aspect of residents of complexes by providing opportunities for them to come together socially for activities that will enhance mobility, stimulation and social engagement  To provide quantitative and qualitative information to the HSCP to understand the services delivered, their benefits to clients and communities, highlighting challenges faced and future intentions  To enable HSCP to understand the client and volunteer base and to facilitate onward reporting to Scottish government  To enable HSCP to understand client waiting list details and inform Contracts and Commissioning officer of issues and updates prior to the bi-monthly meeting with the RVS Service Manager |  | Prevention and early intervention  Person centred healthcare and support  Working with communities  Reducing health inequalities and promoting healthy living  Making the best use of available facilities, people and resources  **National & Local Strategies and Action Plans** |  |
| Individuals / clients  Staff  PKC | Supporting You at Home  Supporting Healthy and Happy Lives  Perth & Kinross Activities  Annual Reporting  Quarterly Reporting  **Bi-monthly Rep**orting | (LO) Longer Healthier lives for all  (LO) Older people are independent for longer  (SO) Supporting people to lead independent healthy and active lives |
|  |  |  |  |  | |  |  |  |  |
| **Key assumptions –**  **Support and service are in line with recognised legislation and national strategies and are identified as a priority in Perth and Kinross strategic objectives and single outcome agreement.**  **Service contributes appropriately to Perth and Kinross Health and Social Care Partnership’s statutory planning process to include national and local strategies / action plans:**  **In providing support and services:**   * **The Health and Social Care Standards (my support, my life)** [**https://www.gov.scot/Resource/0052/00520693.pdf**](https://www.gov.scot/Resource/0052/00520693.pdf) * **The National Health and Wellbeing Outcomes**   [**https://www.gov.scot/Resource/0047/00470219.pdf**](https://www.gov.scot/Resource/0047/00470219.pdf)  **will be used to compliment the relevant legislation and best practice that support health and care services to ensure high quality care and continuous improvement.** | | | | | **Key external factors –**  **The impact of reduced funding for 2023/24 and beyond:**  - Ceasing services’ delivery impacting on volunteer retention.  - Creating gaps in the community 3rd sector services such as community transport.  - Staff redundancies reduced staffing levels to cause difficulty in supporting 5-day coverage, particularly with holiday cover.  **Impact of adopting of the new 12-week support programme on the ‘Supporting You At Home’ service:**  - Reduction in client referrals placing constraints on our outputs and outcomes.  - Increase in volunteer availability as volunteer potentially available to support new client once 12 week service is concluded. | | | | | |
| **General Statements –**  Support and services should be underpinned by principles of enablement and self-empowerment  Continued effort to build on volunteer recruitment due to the low number of new volunteers joining the RVS which is having a considerable effect on its ability to provide support to all referred clients.  Having a collaborative partnership approach that allows service developments to be influenced through client participation.  Service strengthens and builds on local connection to social care and health services and also third sector agencies to promote wellbeing and recovery and person centred services.  Participate in-line and face to face meetings with groups such as HDT and community network that builds and maintains good working relationships with other supporting professionals and charities to ensure an effective and joined up approach  More people are giving the gift of their time, talent and life experience to others by volunteering  More older and vulnerable people are moving from crisis to confidence  More older and vulnerable people are connected to their community  Reduced admissions to hospital gives the NHS more time to care | | | | | Aim of Project –  Mission   * Inspiring and enabling people to give the gift of voluntary service to meet the needs of the day in their communities   Vision   * People across Britain are engaged in voluntary service – freely giving their time, talent and life experience to help tackle pressing challenges in their diverse communities. Their service makes them, and Britain, healthier and happier | | | | | |

Template designed by P&K Health and Social Care’s Planning & Commissioning Team incorporating Evaluation Support Scotland Threading the Needle Programme

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<http://www.evaluationsupportscotland.org.uk/how-can-we-help/shared-learning-programmes/threading-needle/>

1. [↑](#footnote-ref-1)