



SERVICE ACTIVITY REPORT

PERTH & KINROSS

SUPPORTING YOU AT HOME
SUPPORTING HAPPY AND HEALTHY LIVES

December 2024

December 2024 – Activity Report



15 x Home from Hospital runs



4 x shopping



0 x Assisted Walks



5 x Home Visits



138 x Active Volunteers / **17** x active clients (**3**SYAH / **14**SHHL)



Clubs

- 4 x Bridge of Earn Lunch Club / 96 x Attendees (60F/36M)
- 3 x Crieff Lunch Club / 43 x Attendees (23 F/20 M)
- 2 x Perth Lunch Club / 34 x Attendees (18 F/16 M)
- 1 x Perth Social Club / 24 x Attendees (20 F/4 M)
- 6 x Strength & Balance / 55 x Exercise Groups (55F/0 M)



P&K Activities (to sheltered housing complexes)

- 16 x Events / 229 Attendees (165F/64 M)

December 2024 – Cumulative Activity Report (from April 2024)



125 x Home from Hospital runs



65 x shopping



11 x Assisted Walks



161 x Home Visits



Clubs

26 x Bridge of Earn Lunch Club / **641** Attendees (**367F/274M**)

25 x Crieff Lunch Club / **361** Attendees (**200F/161M**)

24 x Perth Lunch Club / **347** Attendees (**176F/172M**)

16 x Perth Social Club / **368** Attendees (**312F/56M**)

49 x Strength & Balance Exercise Groups / **491** Attendees (**480F/11M**)



P&K Activities (to sheltered housing complexes)

127 x Events

1232 Attendees (**960F/272M**)

Perth Social Club celebrate at the Christmas party.



Alistair Robertson wins the Christmas jumper award this year. Norah Williamson doing her best to hide. We can see you!



Margaret Bee (far right of picture) shows off the beautiful Christmas cake her son baked for the event. We all enjoyed with the fantastic spread organised by our coordinator Janet Knight

Norah
Williamson
getting in the
spirit with
Alistair ,Jim
Steedman and
Iris Lamb.
Jingle Bells!

Ian Findlay, June Reilly,
Sybil Graham
,Elizabeth Lorenz,
Margaret Taylor, Joan
White, Its beginning to
look like Christmas

Merry Christmas 2024 at the Perth social club party



Testimony from Margaret Taylor – Had a fantastic day and thank you for going to all this trouble. A happy afternoon.

Knitted Ferrero Rocher chocolates for every guest at the Social club Christmas Party on the 11th December. Kindly donated by Volunteer Penny Worrall.



The volunteers enjoy a cuppa at the Perth Social club Christmas party , well deserved Janet and the team.

Bridge of Earn Christmas lunch club – Santa handing out presents with lead volunteer Sheila Stewart – a terrific day





- It was very nice to see Joy Pettigrew at the Bridge of Earn Christmas lunch. (lady in the white striped top) Joy was previously supported by our SYAH service and had lost her husband, confidence and was feeling socially isolated. She now has a new group of friends that meet weekly. We had a quick chat and she was very thankful for all the support. Great seeing Joy again.



Bridge of Earn Christmas lunch was very well received. Piping hot from the local school at Abernethy primary school and a big thanks to Nicola. As you can see one of the clients stood up and thanked the volunteers for the lovely food and all that they had done in 2024.



Sheila and the volunteers hard at work serving the Christmas lunches .A huge thank you from everyone at Royal Voluntary Service.



Thumbs up for Santa`s arrival from the North Pole via Bridge of Earn.



Just arrived at the Perth lunch club Christmas party and getting in to the spirit.



Lead volunteer Heather Fletcher runs the Perth lunch club all year round (Heather on the right) Volunteers Maureen Taylor on the left and Lorraine Webster in the middle. A big thank you to the volunteers for all they have done in 2024. Had to get the bunting in somehow!



Perth lunch club start the festivities with the Christmas Lunch. The Christmas hats and Quiz sheets went down well and were all taken away for later.

Plenty more for next year please. Nan Stuart, Elizabeth Lorenz, Ann McGilchrist and Freda Burns strike a Christmas pose



Looks like it's getting serious at the Christmas Quiz. A box of shortbread at stake!

Crieff Lunch Club set the scene for a Beautiful Christmas lunch – Merry Christmas Everyone



Crieff Lunch club Christmas glow is building with Cecilia Smith and Ella Reilly . Merry Christmas



Crieff Lunch Club announce The boys are back in town – They are even cycling to get to the party. Merry Christmas Crieff

SERVICE DETAILS

To find out more:



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